

MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



ELEGANT is the word for this fanciful summertime dessert — prune meringues. Make meringues a day ahead of time for best results.

Meringues Are Fancy

Pies and tarts are certainly among the most popular dessert foods. And California prunes in the filling make them even more delicious.

Here in "Elegant Prune Meringue," tarts are the chosen dessert. Meringue tarts are filled with a thin layer of creamy, rich filling and topped with tender, fully plumped prunes.

Plump the prunes by combining with equal amounts of water, bring to boil, simmer covered 10 minutes and cool in liquid. Save the liquid to use on the creamy filling. Make the meringues the day ahead for best results.

1/2 cup powdered sugar
1 tsp. flour
3/4 cup butter
Whipped cream

Pit prunes; save liquid. Combine egg whites with cream of tartar. Beat with electric mixer until foamy. Gradually add 1/2 cup granulated sugar, a little at a time, beating continually. Add powdered sugar in same manner.

Line cookie sheet with brown paper. Divide mer-

ingue in 6 parts and form into shells about 5 inches in diameter. Bake 45 minutes in a 250 degree oven (very slow).

Combine remaining 1/4 cup sugar and flour in top of double boiler. Add egg yolks and 1/2 cup prune liquid. Cook and stir over boiling water until slightly thickened (5 to 8 minutes). Cool to lukewarm. Add butter and stir until melted.

To serve, place meringue on plate and add a thin layer of prune cream; then fill with prunes. Dollop with whipped cream.

Makes 6 servings.

Mexican Salad Named Winner In Recipe Event

Mrs. Gladys Winkler, who entered "Mexican Salad," is winner of the "My Favorite Salad Recipe" contest sponsored by Mary Wise.

Mrs. Winkler's salad is a hearty one, and judges suggest that it makes a fine luncheon dish when served with a side plate of sliced tomatoes, perhaps, and a dessert.

As winner, Mrs. Winkler receives a \$20 merchandise order from any market advertising in the paper.

MEXICAN SALAD

1 lb. ground beef
3/4 cup chopped onion
2 cups kidney beans, drained
1/2 cup spicy, sweet tomato-type French dressing
1/2 cup water
1 tbs. chili powder
4 cups shredded lettuce
1/2 cup sliced green onions
1 8-oz. wedge cheddar cheese grated

Brown meat; add onion and cook until tender. Stir in beans, French dressing, water and chili powder; simmer 15 minutes. Combine lettuce and green onions. Add meat sauce and 1 1/2 cups cheese. Toss lightly. Sprinkle with remaining cheese. Serve with crisp tortillas.

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FIREWORKS SHOW... Pointing to the July 4 date of the 34th annual American Legion fireworks spectacular, to be staged at the Los Angeles Memorial Coliseum, is Leonard P. Hackett, commander of the Legion's Los Angeles County Council. Giving him a hand with the big banner are Peggy Ann Exum, Miss Firecracker; James D. Welch, chairman of the council's ways and means commission; Anastasia Doovas, Miss Skyrocket, and Bob Schwartz, chairman of the fireworks committee. Tickets are available at all Thrifty Drug Stores.

Two Youths Win Grants

Lowell Zelt of San Pedro and David Wood of Torrance have been named recipients of two \$100 safe driving scholarships sponsored by the San Pedro-Wilmington Insurance Association.

They received their awards from Denver Bullock of the sponsoring group at the schools' annual Awards Banquet.

Zelt, a business major, intends to continue his study at California State College at Long Beach. Wood plans to take a pre-law course at

UCLA and hopes to join the Foreign Service.

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